



ALL MEGHALAYA KARATE – DO ASSOCIATION SHILLONG

Regd No. Sr/AMKA-499/87 of 1987

Recognised by : Govt. of Meghalaya Dept. of Sports & Youth Affairs, State Sports Council of Meghalaya
& Meghalaya State Olympic Association
Affiliated to : Karate India Organisation (KIO)
Recognised by : World Karate Federation (WKF), International Olympic Committee (IOC) & Asian Karate Federation (AKF)

No. AMKA/P/35/2026/7

Date. 24th February 2026

PRESS RELEASE

73 (Seventy Three) Karatekas of the Association, led by Mr. Donboklang Lyngdoh, Mr. Mingson Rymbai, Mr. Greater E.M. Kharpuri and Mr Pynhunlang Kharbuli, will participate in the Indian Challenger Cup 2026 scheduled to be held at the Netaji Indoor Stadium, Kolkata from 31st July to 2nd August 2026.

The following are the names of the Karatekas who have been selected to represent the State. The Association wishes all the Karatekas the very best for the championship. List of karatekas is enclosed.

In this connection, I on behalf of the Association would like to request you kindly to publish this as a news item in your daily esteem.

Your kind co-operation in this regard will be highly appreciated.

Thanking you in anticipation,

Ksan Kuper Warjri
General Secretary
(M) 9774062118



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SI	Name	Events	
		Kata	Kumite
1	Adella Nongrum		13 Years Kumite Female -50 Kg
2	Adore Relia Moksha		Cadet (14-15 Years) Kumite Female -54 Kg
3	Aibor Jyrwa		Cadet (14-15 Years) Kumite Male -52 Kg
4	Alvin Sammy Lyngdoh Mawlong		Cadet (14-15 Years) Kumite Male -52 Kg
5	Andrea Rana Basaiawmoit		Cadet (14-15 Years) Kumite Female -47 Kg
6	Andreana Nongspung		13 Years Kumite Female -45 Kg
7	Arkindapura R Buhphang		13 Years Kumite Male -50 Kg
8	Aski Amsrang Sangma		13 Years Kumite Male -50 Kg
9	Athokpam Ethan S. Khawbung		Junior (16-17 Years) Kumite Male -68 Kg
10	Audrella Carisa Marbaniang	13 Years Kata Female	13 Years Kumite Female -40 Kg
11	Aventinus George Myllem	Senior (16+ Years) Kata Male	Senior (18+ Years) Kumite Male -67 Kg
12	Bankerlang Marbaniang		Senior (18+ Years) Kumite Male -55 Kg
13	Banmankhraw Simon Dkhar	12 Years Kata Male	12 Years Kumite Male -45 Kg
14	Barisha Kharbani		Senior (18+ Years) Kumite Female -61 Kg
15	Carene Sohiong		Senior (18+ Years) Kumite Female -55 Kg
16	Clarissa Puyam	Cadet (14-15 Years) Kata Female	Cadet (14-15 Years) Kumite Female -47 Kg
17	Daiarisa Nongrum		Senior (18+ Years) Kumite Female -61 Kg
18	Dakitdorpha L Chyne	13 Years Kata Male	13 Years Kumite Male -40 Kg
19	Dalisha Longshiang		Junior (16-17 Years) Kumite Female -48 Kg
20	Damebanmerbha.S.Blah		Senior (18+ Years) Kumite Male -55 Kg
21	Daphilahun Meri Wahlang		Senior (18+ Years) Kumite Female -55 Kg
22	Denzyl Myllemngap		Cadet (14-15 Years) Kumite Male -52 Kg
23	Eliana Haphisha Syiem		12 Years Kumite Female -50 Kg
24	Elisheba Khongwar	Senior (16+ Years) Kata Female	Senior (18+ Years) Kumite Female -50 Kg
25	Ester Mary Lyngdoh	Senior (16+ Years) Kata Female	
26	Ewaka Georginia Myllem	13 Years Kata Female	13 Years Kumite Female -50 Kg
27	Ferdinand Samkupar Rani	Senior (16+ Years) Kata Male	Senior (18+ Years) Kumite Male -55 Kg
28	Ferrando Wanniang		Cadet (14-15 Years) Kumite Male -57 Kg
29	Fidelity Gashnga		13 Years Kumite Female -60 Kg
30	Garreth Ivan Lyngdoh		13 Years Kumite Male -45 Kg
31	Gary Daniel Lyngdoh Mawlong		Senior (18+ Years) Kumite Male -67 Kg
32	Gideon Tympuin	Senior (16+ Years) Kata Male	Senior (18+ Years) Kumite Male -60 Kg
33	Gracefulness Marbaniang		Cadet (14-15 Years) Kumite Female -47 Kg
34	Gregorwilson Makdoh	Senior (16+ Years) Kata Male	Senior (18+ Years) Kumite Male -67 Kg
35	Hamebanjop Lankhomba Kharmawphlang		12 Years Kumite Male -40 Kg
36	Hamedapbiang Marngar		13 Years Kumite Male -40 Kg
37	Hamemanbha Franklynn Dhar		13 Years Kumite Male -45 Kg
38	Haphilawanbet Rapsang	Cadet (14-15 Years) Kata Female	Cadet (14-15 Years) Kumite Female -47 Kg
39	Ialamphang Kharkongor		Senior (18+ Years) Kumite Male -75 Kg
40	Ibadarisha Jyrwa		Cadet (14-15 Years) Kumite Female -47 Kg
41	Ibalatyngkai Lyngdoh Nongkynrih		13 Years Kumite Female -55 Kg
42	Ilawanpynkmen Lyngdoh	Cadet (14-15 Years) Kata Female	Cadet (14-15 Years) Kumite Female -61 Kg
43	Inlumlang Skhemiew		Senior (18+ Years) Kumite Female -50 Kg
44	Carenia Rapthap		Senior (18+ Years) Kumite Female -61 Kg
45	Daniel Dabiangbha Warjri		Junior (16-17 Years) Kumite Male -68 Kg
46	Kynjailin Lyngdoh Mawnai		Senior (18+ Years) Kumite Female -50 Kg



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47	Martina Blah		Senior (18+ Years) Kumite Female -50 Kg
48	Iwannaki L. Khongji		Junior (16-17 Years) Kumite Female -48 Kg
49	Jake Damian Syiemiong	Senior (16+ Years) Kata Male	Senior (18+ Years) Kumite Male -60 Kg
50	Jason Mcryan Malngiang	13 Years Kata Male	13 Years Kumite Male -45 Kg
51	Jasper D Pdang		Senior (18+ Years) Kumite Male -60 Kg
52	Jaxon Meky Mawthoh	12 Years Kata Male	12 Years Kumite Male -40 Kg
53	Josanky Rympei		Senior (18+ Years) Kumite Male -55 Kg
54	Jovial Kharjana		Cadet (14-15 Years) Kumite Male -52 Kg
55	Lamerphylla Damesha Kharsati	Senior (16+ Years) Kata Female	
56	Larisha Kurbah		Senior (18+ Years) Kumite Female -55 Kg
57	Medonlang Nongkynrih		13 Years Kumite Male -65 Kg
58	Memanoi Mylliempdah		Cadet (14-15 Years) Kumite Male -52 Kg
59	Mewanpynkmen Wahlang		Cadet (14-15 Years) Kumite Male -52 Kg
60	Michael Vincent Pyngrope	Cadet (14-15 Years) Kata Male	Cadet (14-15 Years) Kumite Male -52 Kg
61	Nongpoknganba Tyngshain Kharmawphlang		Junior (16-17 Years) Kumite Male -55 Kg
62	Owen Dashanlang Kharmudai		12 Years Kumite Male -45 Kg
63	Preetisha Kurbah	13 Years Kata Female	13 Years Kumite Female -50 Kg
64	Rebeka Nongspung		Senior (18+ Years) Kumite Female -50 Kg
65	Reha .M.Dkhar		12 Years Kumite Female -40 Kg
66	Royal Jayden Laloo		12 Years Kumite Male -45 Kg
67	Sa-l-Banmanbha S Blah		Junior (16-17 Years) Kumite Female -53 Kg
68	Samebanmerbha.S.Blah		Senior (18+ Years) Kumite Male -55 Kg
69	Samuel Kurbah	Cadet (14-15 Years) Kata Male	Cadet (14-15 Years) Kumite Male -52 Kg
70	Savio Bakynsai Majaw	13 Years Kata Male	13 Years Kumite Male -40 Kg
71	Sinalin Marngar		Junior (16-17 Years) Kumite Female -48 Kg
72	Tatiana Nongsiej		12 Years Kumite Female -40 Kg
73	Yanna Lalthanpuui Najjar Jana	Cadet (14-15 Years) Kata Female	Cadet (14-15 Years) Kumite Female -54 Kg


Ksan Kupar Warjri
General Secretary
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