



ALL MEGHALAYA KARATE – DO ASSOCIATION SHILLONG

Regd No. Sr/AMKA-499/87 of 1987

Recognised by : Govt. of Meghalaya Dept. of Sports & Youth Affairs, State Sports Council of Meghalaya
& Meghalaya State Olympic Association
Affiliated to : Karate India Organisation (KIO)
Recognised by : World Karate Federation (WKF), International Olympic Committee (IOC) & Asian Karate Federation (AKF)

No. AMKA/P/35/2026/23

Date. 5th August 2026

PRESS RELEASE

A contingent of 73 (Seventy-Three) Karatekas of the Association, led by Mr. Donboklang Lyngdoh, Mr. Mingson Rymbai, Mr. Greater E.M. Kharpuri and Mr Pynhunlang Kharbuli, participated in the Indian Challenger Cup 2026 held at the Netaji Indoor Stadium, Kolkata from 31st July to 2nd August 2026.

The State Team brought laurels to the Association by winning 41 (Forty-One) Gold, 21 (Twenty-One) Silver & 26 (Twenty-Six) bronze medals. The details of the medal's winner are enclosed.

The Association would also like to place on record its sincere appreciation to the State Government for the financial support extended towards the athletes under Team Preparation for the 39th national games 2026.

The Association congratulates the medal winner and all participating karatekas for representing the State with dedication and commitment.

In this connection, I on behalf of the Association would like to request you kindly to publish this as a news item in your daily esteem.

The Association requests all media houses to kindly publish this as a news item in their esteemed daily publications.

Your kind cooperation and support in giving due publicity to the participation of the Meghalaya contingent will be highly appreciated.

Ksan Kuper Warjri
General Secretary
(M) 9774062118



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Indian Challenger Cup 2026

SI	Name	Results	Event (s)
1	Adella Nongrum	Silver	13 Years Kumite Female -50 Kg
2	Adore Relia Moksha	Bronze	Cadet (14-15 Years) Kumite Female -54 Kg
3	Aibor Jyrwa	Gold	Cadet (14-15 Years) Kumite Male -52 Kg
4	Alvin Sammy Lyngdoh Mawlong	Gold	Cadet (14-15 Years) Kumite Male -52 Kg
5	Andrea Rana Basaiawmoit	Gold	13 Years Kumite Female -47 Kg
6	Andreana Nongspung	Gold	13 Years Kumite Female -45 Kg
7	Arkindapura R Buhphang	Gold	13 Years Kumite Male -50 Kg
8	Aski Amsrang Sangma	Bronze	13 Years Kumite Male -50 Kg
9	Athokpam Ethan S. Khawbung	Bronze	Junior (16-17 Years) Kumite Male -68 Kg
10	Audrella Carisa Marbaniang	Bronze	13 Years Kumite Female -40 Kg
		Silver	13 Years Kata Female
11	Aventinus George Myllem	Gold	Senior (18+ Years) Kumite Male -67 Kg
12	Banmankhraw Simon Dkhar	Silver	12 Years Kumite Male -45 Kg
		Silver	12 Years Kata Male
13	Barisha Kharbani	Gold	Senior (18+ Years) Kumite Female -61 Kg
14	Carene Sohiong	Gold	Senior (18+ Years) Kumite Female -55 Kg
		Silver	Women Team Kumite
15	Clarissa Puyam	Gold	Cadet (14-15 Years) Kumite Female -47 Kg
		Bronze	Cadet (14-15 Years) Kata Female
16	Dakitdorbha L Chyne	Silver	13 Years Kumite Male -40 Kg
		Gold	13 Years Kata Male
		Gold	Sub Junior Team Kata
17	Dalisha Longshiang	Silver	Junior (16-17 Years) Kumite Female -48 Kg
18	Damebanmerbha.S.Blah	Silver	Senior (18+ Years) Kumite Male -55 Kg
19	Daphilahun Meri Wahlang	Silver	Women Team Kumite
20	Denzyl Myllemngap	Silver	Cadet (14-15 Years) Kumite Male -52 Kg
21	Eliana Haphisha Syiem	Bronze	12 Years Kumite Female -50 Kg
22	Elisheba Khongwar	Gold	Senior (18+ Years) Kumite Female -50 Kg
		Silver	Senior (16+ Years) Kata Female
		Gold	Women Team Kata
23	Ester Mary Lyngdoh	Gold	Senior (16+ Years) Kata Female
		Gold	Women Team Kata
24	Ewaka Georginia Myllem	Gold	13 Years Kumite Female -50 Kg
		Gold	13 Years Kata Female
25	Ferdinand Samkupar Rani	Bronze	Senior (18+ Years) Kumite Male -55 Kg
		Gold	Men Team Kata
26	Ferrando Wanniang	Silver	Cadet (14-15 Years) Kumite Male -57 Kg
27	Fidelity Gashnga	Gold	13 Years Kumite Female -60 Kg



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28	Garret Ivan Lyngdoh	Gold	13 Years Kumite Male -45 Kg
29	Gary Daniel Lyngdoh Mawlong	Bronze	Senior (18+ Years) Kumite Male -67 Kg
30	Gideon Tympuin	Silver	Senior (18+ Years) Kumite Male -60 Kg
		Gold	Senior (16+ Years) Kata Male
		Gold	Men Team Kata
31	Gracefulness Marbaniang	Bronze	Cadet (14-15 Years) Kumite Female -47 Kg
32	Gregorwilson Makdoh	Silver	Senior (18+ Years) Kumite Male -67 Kg
		Gold	Men Team Kata
33	Hamebanjop Lankhomba Kharmawphlang	Silver	12 Years Kumite Male -40 Kg
34	Hamedapbiang Marngar	Bronze	13 Years Kumite Male -40 Kg
35	Hamemanbha Franklynn Dhar	Silver	13 Years Kumite Male -45 Kg
36	Haphilawanbet Rapsang	Bronze	Cadet (14-15 Years) Kumite Female -47 Kg
		Silver	Cadet (14-15 Years) Kata Female
37	Ialamphang Kharkongor	Bronze	Senior (18+ Years) Kumite Male -75 Kg
38	Ibadarisha Jyrwa	Bronze	Cadet (14-15 Years) Kumite Female -47 Kg
39	Ibalatyngkai Lyngdoh Nongkynrih	Bronze	13 Years Kumite Female -55 Kg
40	Ilawanpynkmen Lyngdoh	Gold	Cadet (14-15 Years) Kumite Female -61 Kg
		Bronze	Cadet (14-15 Years) Kata Female
41	Inlumlang Skhemiew	Bronze	Senior (18+ Years) Kumite Female -50 Kg
		Silver	Women Team Kumite
42	Carenia Rapthap	Bronze	Senior (18+ Years) Kumite Female -61 Kg
43	Daniel Dabiangbha Warjri	Gold	Junior (16-17 Years) Kumite Male -68 Kg
44	Iwannaki L. Khongji	Gold	Junior (16-17 Years) Kumite Female -48 Kg
45	Jake Damian Syiemiong	Gold	Men Team Kata
46	Jason Mcryan Malngiang	Gold	13 Years Kumite Male -45 Kg
		Gold	13 Years Kata Male
		Gold	Sub Junior Team Kata
47	Jaxon Meky Mawthoh	Bronze	12 Years Kumite Male -40 Kg
		Gold	12 Years Kata Male
48	Josanky Rympei	Bronze	Senior (18+ Years) Kumite Male -55 Kg
49	Jovial Kharjana	Bronze	Cadet (14-15 Years) Kumite Male -52 Kg
50	Lamerphylla Damesha Kharsati	Gold	Women Team Kata
		Bronze	Senior (16+ Years) Kata Female
51	Larisha Kurbah	Bronze	Senior (18+ Years) Kumite Female -55 Kg
		Silver	Women Team Kumite
52	Medonlang Nongkynrih	Silver	13 Years Kumite Male -65 Kg
53	Memanoi Mylliempdah	Bronze	Cadet (14-15 Years) Kumite Male -52 Kg
54	Mewanpynkmen Wahlang	Gold	Cadet (14-15 Years) Kumite Male -52 Kg
55	Michael Vincent Pyngrope	Bronze	Cadet (14-15 Years) Kumite Male -52 Kg
		Gold	Cadet (14-15 Years) Kata Male



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56	Nongpoknganba Tyngshain Kharmawphlang	Gold	Junior (16-17 Years) Kumite Male -55 Kg
57	Owen Dashanlang Kharmudai	Silver	12 Years Kumite Male -45 Kg
58	Preetisha Kurbah	Silver	13 Years Kumite Female -50 Kg
		Bronze	13 Years Kata Female
59	Rebeka Nongspung	Gold	Senior (18+ Years) Kumite Female -50 Kg
		Gold	Women Team Kata
		Silver	Women Team Kumite
60	Reha .M.Dkhar	Bronze	12 Years Kumite Female -40 Kg
61	Royal Jayden Laloo	Gold	12 Years Kumite Male -45 Kg
62	Samuel Kurbah	Gold	Cadet (14-15 Years) Kumite Male -52 Kg
		Gold	Cadet (14-15 Years) Kata Male
63	Savio Bakynsai Majaw	Gold	13 Years Kumite Male -40 Kg
		Silver	13 Years Kata Male
		Gold	Sub Junior Team Kata
64	Sinalin Marngar	Silver	Junior (16-17 Years) Kumite Female -48 Kg
65	Tatiana Nongsiej	Gold	12 Years Kumite Female -40 Kg
66	Yanna Lalthanpuii Najjar Jana	Gold	Cadet (14-15 Years) Kumite Female -54 Kg
		Gold	Cadet (14-15 Years) Kata Female


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General Secretary
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